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The mental state of child admitted in hospital ward

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Abstract: *The field of pediatrics has made large strides in improving survival and outcomes of premature infants, preventing injury and disease (i.e., car seats, vaccines, drownings, diarrheal illnesses) , with advancing medical and surgical therapies (e.g., congenital heart disease repairs, organ transplants, advanced imaging, ventilators, sepsis management, chemotherapy). This evolving landscape of decreasing mortality and increasing morbidity led us to examine inpatient outcomes beyond the hospital, into outpatient and community care settings. Specifically, long-term mental, developmental, and social health outcomes are now being recognized as important contributors to children thriving. The mental status of the child presented to pediatric ward is severely affected and some needs immediate attention also. We have tried to do a study by collecting data of some admitted children and assess there mental status.*

Key words: Pediatric, mental, health developmental improving survival, important contributors.

Introduction- Substantial decreases in all-cause childhood mortality and steady growth in pediatric hospitalizations have flooded pediatric outpatient settings with survivors of illnesses previously not seen. The field of pediatrics has made large strides in improving survival and outcomes of premature infants, preventing injury and disease (i.e., car seats, vaccines, drownings, diarrheal illnesses) , with advancing medical and surgical therapies (e.g., congenital heart disease repairs, organ transplants, advanced imaging, ventilators, sepsis management, chemotherapy) . This evolving landscape of decreasing mortality and increasing morbidity led us to examine inpatient outcomes beyond the hospital, into outpatient and community care settings. Specifically, long-term mental, developmental, and social health outcomes are now being recognized as important contributors to children thriving. The mental status of the child presented to pediatric ward is severely affected and some needs immediate attention also. We have tried to do a studyby collecting data of some admitted children and assess there mental status.

Aim-To study the psychological status of child getting admitted to pediatric ward.

Objective- The objective of the study is to assess the mental status of the sick child and to take the necessary steps to improve the mental health of them.

Material and Method- The child admitted in pediatric ward were assessed by using Pediatric Symptom checklist (PSC – 17) with the help of interview method. **Result-**

Symptom/ Name	Anuj 13/M	Dharmendra 15/M	Madhav Sadan 11/M	IramJahan 13/F	Siddhi 11/F	Ramakand 11/M	Suyash 7/M	Hardik 12/M	Arman 8/M	Srishti 12/F	Aditya Chand 14/M	Anaiza 4/F
Fidgety, unable to sit still	2	2	2	2	1	2	1	2	2	2	2	1
Feel sad, unhappy	2	2	2	1	1	2	0	2	2	2	1	1
Daydream too much	0	0	0	0	0	1	0	1	1	1	1	1
Refuse to share	2	1	2	1	2	2	1	2	2	1	1	0
Do not understand other people feeling	0	1	1	2	2	2	1	2	2	1	1	1
Feel hopeless	2	1	0	1	0	1	0	1	0	2	0	0
Have trouble concentrating	1	0	0	0	0	1	0	2	2	0	0	1
Fight with other children	2	1	2	1	1	1	1	2	1	1	0	1
Down on yourself	0	0	0	1	1	1	1	1	1	1	0	0
Blame others for your trouble	0	0	0	0	0	0	0	2	0	0	0	1
Seems to be having less fun	0	0	0	1	0	0	0	2	0	0	0	1
Do not listen to rules	0	1	0	1	0	1	1	2	1	0	0	0
Acts if driven by a motor	0	1	0	0	0	1	0	0	1	0	0	0
Tease others	0	0	0	0	0	0	0	1	0	0	0	0
Worry a lot	0	0	1	0	0	0	0	1	0	0	0	0
Take things that do not belong to you	0	0	1	0	0	0	0	2	0	0	0	0
Distract easily	0	0	0	0	0	0	0	0	0	0	0	0
Total	13	10	11	11	8	15	6	24	15	11	6	8



Discussion- According to Pediatric symptom checklist(PSC 17) the score greater than 15 is considered abnormal and appropriate interventions are required for these students.

Following steps can be taken to improve the mental health of sick child admitted to pediatric ward-

- 1) Ask parents to spend time with them
- 2) Assign a qualified mental health counselor for patient.
- 3) Ask for regular session of yoga and meditation
- 4) Create a positive environment around child

Conclusion-

- 1) According to my study out of 12 children, 2 have severely affected mental health.

Symptom wise score

Symptom	No. of students having score 2	No. of students having score 1	No. of students having score 0
Fidgety, unable to sit still	9	3	0
Feel sad, unhappy	7	4	1
Daydream too much	0	6	6
Refuse to share	6	5	1
Do not understand other people feeling	5	6	1
Feel hopeless	2	4	6
Have trouble concentrating	2	3	7
Fight with other children	3	8	1
Down on yourself	0	7	5
Blame others for your trouble	1	1	10
Seems to be having less fun	1	2	9
Do not listen to rules	1	5	6
Acts if driven by a motor	0	3	9
Tease others	0	1	11
Worry a lot	0	2	9
Take things that do not belong to you	1	1	10
Distract easily	0	0	12

REFERENCE

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